

Pl	tnr	Name	Kat	Zeit													
H19L (19)					4,5 km				17 P								
					1(56)	2(70)	3(63)	4(42)	5(38)	6(37)	7(45)	8(33)	9(47)	10(44)	11(43)	12(60)	13(69)
					15(34)	16(51)	17(100)	Ziel									
1	1064	Sören Riechers Bielefelder TG	H19L	18:33	0:36	0:47	2:36	3:50	4:28	5:11	5:43	6:31	8:07	9:12	9:48	10:39	13:05
					0:36	0:11	1:49	1:14	0:38	0:43	0:32	0:48	1:36	1:05	0:36	0:51	2:26
					16:04	17:38	18:26	18:33									
					1:28	1:34	0:48	0:07									
2	1065	Karsten Blume Berliner TSC	H19L	19:12	0:39	0:51	3:29	4:45	5:23	6:07	6:41	7:30	9:18	10:19	10:55	11:48	14:11
					0:39	0:12	2:38	1:16	0:38	0:44	0:34	0:49	1:48	1:01	0:36	0:53	2:23
					17:05	18:25	19:03	19:12									
					1:22	1:20	0:38	0:09									
3	1070	Sebastian Fleiß Berliner TSC	H19L	19:48	0:40	0:49	2:45	4:06	4:45	5:34	6:03	6:50	8:57	10:01	10:38	11:33	14:07
					0:40	0:09	1:56	1:21	0:39	0:49	0:29	0:47	2:07	1:04	0:37	0:55	2:34
					17:29	18:58	19:39	19:48									
					1:28	1:29	0:41	0:09									
4	1071	Markus Müller OSC Kassel	H19L	20:40	0:43	0:55	3:33	4:59	5:38	6:21	6:56	7:51	9:34	10:42	11:18	12:14	14:48
					0:43	0:12	2:38	1:26	0:39	0:43	0:35	0:55	1:43	1:08	0:36	0:56	2:34
					18:14	19:45	20:29	20:40									
					1:31	1:31	0:44	0:11									
5	1066	Hauke Scharfenber RCEH Celle	H19L	21:16	0:45	1:00	3:03	4:24	5:02	5:54	6:22	7:23	9:35	10:46	11:20	12:11	14:56
					0:45	0:15	2:03	1:21	0:38	0:52	0:28	1:01	2:12	1:11	0:34	0:51	2:45
					18:47	20:19	21:06	21:16									
					1:51	1:32	0:47	0:10									
6	1076	Eike Bruns MTK Bad Harzburg	H19L	22:25	0:45	0:57	3:08	4:48	5:34	6:25	7:21	8:14	10:09	11:27	12:05	13:05	16:05
					0:45	0:12	2:11	1:40	0:46	0:51	0:56	0:53	1:55	1:18	0:38	1:00	3:00
					19:40	21:28	22:15	22:25									
					1:45	1:48	0:47	0:10									
7	1067	Jan Schliebener OLV Uslar	H19L	22:46	0:49	0:59	3:16	4:50	5:34	6:30	7:13	8:07	10:05	11:26	12:04	13:07	16:00
					0:49	0:10	2:17	1:34	0:44	0:56	0:43	0:54	1:58	1:21	0:38	1:03	2:53
					20:07	21:49	22:37	22:46									
					2:13	1:42	0:48	0:09									
8	1074	Fabian Ulbrich OLV Uslar	H19L	22:58	0:45	0:55	3:56	5:25	6:07	6:57	7:37	8:35	10:30	11:44	12:22	13:21	16:11
					0:45	0:10	3:01	1:29	0:42	0:50	0:40	0:58	1:55	1:14	0:38	0:59	2:50
					20:20	22:04	22:49	22:58									
					2:18	1:44	0:45	0:09									
9	1080	Till Finkenstädt OLV Uslar	H19L	23:12	0:48	0:59	3:21	4:57	5:43	6:35	7:17	8:17	10:07	11:30	12:12	13:15	16:18
					0:48	0:11	2:22	1:36	0:46	0:52	0:42	1:00	1:50	1:23	0:42	1:03	3:03
					20:20	22:10	23:00	23:12									
					1:54	1:50	0:50	0:12									
10	1077	Florian Schulte SC Melle 03	H19L	23:14	0:53	1:04	3:17	4:50	5:32	6:22	7:02	7:54	9:42	11:05	11:43	12:50	15:35
					0:53	0:11	2:13	1:33	0:42	0:50	0:40	0:52	1:48	1:23	0:38	1:07	2:45
					19:12	20:47	23:04	23:14									
					1:32	1:35	2:17	0:10									
11	1081	Patrick Dresel SC Klecken	H19L	23:31	0:44	0:57	3:29	5:07	5:54	6:48	7:28	8:49	10:50	12:09	12:55	13:57	16:57
					0:44	0:13	2:32	1:38	0:47	0:54	0:40	1:21	2:01	1:19	0:46	1:02	3:00
					20:39	22:31	23:19	23:31									
					1:45	1:52	0:48	0:12									
12	1069	Malte Finkenstädt OLV Uslar	H19L	25:29	0:49	1:01	3:27	5:09	6:01	7:02	8:21	9:21	11:36	13:02	13:50	14:58	18:09
					0:49	0:12	2:26	1:42	0:52	1:01	1:19	1:00	2:15	1:26	0:48	1:08	3:11
					22:25	24:17	25:19	25:29									
					1:48	1:52	1:02	0:10									
13	1079	Manuel Reichert SSV Langenhagen	H19L	25:53	0:48	1:01	5:06	6:37	7:24	8:17	8:58	9:56	11:59	13:20	14:05	15:19	18:53
					0:48	0:13	4:05	1:31	0:47	0:53	0:41	0:58	2:03	1:21	0:45	1:14	3:34
					22:55	24:50	25:42	25:53									
					1:56	1:55	0:52	0:11									
14	1082	Felix Drese OLV Uslar	H19L	26:21	0:50	1:03	3:34	5:23	6:11	7:10	7:54	9:01	11:16	12:47	13:38	14:54	18:26
					0:50	0:13	2:31	1:49	0:48	0:59	0:44	1:07	2:15	1:31	0:51	1:16	3:32
					23:08	25:13	26:08	26:21									
					2:00	2:05	0:55	0:13									
15	1075	Jannik Richter Turn-Klubb zu Han	H19L	29:52	1:23	1:47	4:19	6:34	7:32	8:37	9:19	10:21	12:51	14:36	15:53	17:22	20:43
					1:23	0:24	2:32	2:15	0:58	1:05	0:42	1:02	2:30	1:45	1:17	1:29	3:21
					26:06	28:19	29:42	29:52									
					2:39	2:13	1:23	0:10									
AK	1078	Peggy & Thomas Tr TSG Königslutter	H19L	22:18	0:40	0:51	3:03	4:33	5:16	6:06	6:46	7:42	9:39	10:56	11:38	12:47	15:52
					0:40	0:11	2:12	1:30	0:43	0:50	0:40	0:56	1:57	1:17	0:42	1:09	3:05
					19:23	21:13	22:09	22:18									
					1:44	1:50	0:56	0:09									
	1068	Max Sonneborn TSV Worpswede	H19L	N Ang													
	1072	Kilian Lilje TSV Worpswede	H19L	N Ang													
	1073	Markus Dresel SC Klecken	H19L	N Ang													
D19L (9)					3,1 km				14 P								
					1(69)	2(60)	3(44)	4(41)	5(36)	6(38)	7(39)	8(40)	9(58)	10(48)	11(62)	12(46)	13(66)
					Ziel												
1	1199	Ann-Charlotte Span TG 1860 Münden	D19L	17:07	0:59	3:43	4:49	5:32	7:56	8:54	9:32	10:05	11:18	12:26	12:58	15:03	16:20
					0:59	2:44	1:06	0:43	2:24	0:58	0:38	0:33	1:13	1:08	0:32	2:05	1:17
					17:07												
					0:10												

Pl	tnr	Name	Kat	Zeit													
D19L (9)					3,1 km	14 P	<i>(Forts.)</i>										
					1(69) Ziel	2(60)	3(44)	4(41)	5(36)	6(38)	7(39)	8(40)	9(58)	10(48)	11(62)	12(46)	13(66)
2	1200	Uta Hillebrand Turn-Klubb zu Han	D19L	18:31	1:11 1:11 18:31	4:05 2:54	5:13 1:08	5:58 0:45	8:35 2:37	9:38 1:03	10:29 0:51	11:08 0:39	12:25 1:17	13:36 1:11	14:18 0:42	16:24 2:06	17:44 1:20
3	1201	Pia Buchholz MTK Bad Harzburg	D19L	21:34	1:10 1:10 21:34	4:48 3:38	6:05 1:17	6:54 0:49	9:56 3:02	11:09 1:13	11:55 0:46	12:39 0:44	14:10 1:31	15:30 1:20	16:13 0:43	18:59 2:46	20:38 1:39
4	1202	Sophie Kääriäinen USV TU Dresden	D19L	23:10	0:12 1:16 1:16 23:10	4:50 3:34	6:19 1:29	7:13 0:54	10:22 3:09	11:49 1:27	12:38 0:49	13:23 0:45	15:00 1:37	16:22 1:22	17:06 0:44	20:18 3:12	22:06 1:48
5	1204	Katja Blume Berliner TSC	D19L	24:49	0:13 1:25 1:25 24:49	5:32 4:07	6:53 1:21	7:52 0:59	11:17 3:25	12:40 1:23	13:33 0:53	14:39 1:06	16:26 1:47	18:02 1:36	18:51 0:49	22:03 3:12	23:47 1:44
6	1205	Kimberly Erlebach BSV Halle-Ammend	D19L	25:29	0:11 1:25 1:25 25:29	5:09 3:44	6:43 1:34	7:45 1:02	11:24 3:39	12:55 1:31	13:48 0:53	14:43 0:55	16:33 1:50	18:14 1:41	19:01 0:47	22:26 3:25	24:28 2:02
7	1206	Dorothea Kirves TG 1860 Münden	D19L	27:36	0:12 1:40 1:40 27:36	5:58 4:18	7:37 1:39	8:39 1:02	12:30 3:51	14:15 1:45	15:22 1:07	16:19 0:57	18:09 1:50	19:49 1:40	20:36 0:47	24:16 3:40	26:17 2:01
8	1203	Swantje Riechers - ohne -	D19L	43:01	0:15 1:35 1:35 43:01	7:47 6:12	10:01 2:14	11:06 1:05	15:53 4:47	17:40 1:47	18:48 1:08	19:54 1:06	21:40 1:46	23:39 1:59	24:33 0:54	37:34 13:01	41:58 4:24
1198	Jessica Drese OLV Uslar	D19L	Fehlst	1:08 1:08 19:52 0:11	4:13 3:05	5:32 1:19	6:20 0:48	9:24 3:04	10:44 1:20	11:27 0:43	12:05 0:38	13:30 1:25	----	14:35 1:05	17:18 2:43	18:56 1:38	
H35 H45 (28)					3,4 km	13 P											
					1(32)	2(45)	3(37)	4(38)	5(39)	6(47)	7(44)	8(41)	9(43)	10(60)	11(46)	12(51)	13(100)
1	1124	Christoph Freudent TSV Worpswede	H45	13:41	1:54 1:54	2:51 0:57	3:14 0:23	4:01 0:47	4:35 0:34	5:19 0:44	6:24 1:05	6:58 0:34	7:21 0:23	8:08 0:47	11:58 3:50	12:56 0:58	13:32 0:36
2	1103	Anatolii Dunaev Gymnasion Offenba	H35	14:30	2:06 2:06	2:59 0:53	3:30 0:31	4:13 0:43	4:55 0:42	5:41 0:46	6:49 1:08	7:26 0:37	7:48 0:22	8:42 0:54	12:32 3:50	13:37 1:05	14:22 0:45
3	1128	Michael Finkenstae OSC Hamburg	H45	14:52	2:03 2:03	2:59 0:56	3:31 0:32	4:20 0:49	4:54 0:34	5:38 0:44	6:48 1:10	7:28 0:40	7:51 0:23	8:47 0:56	12:55 4:08	14:00 1:05	14:43 0:43
4	1097	Tomi Kääriäinen USV TU Dresden	H35	14:55	2:02 2:02	2:58 0:56	3:29 0:31	4:19 0:50	5:01 0:42	5:48 0:47	7:00 1:12	7:40 0:40	8:04 0:24	8:58 0:54	13:07 4:09	14:10 1:03	14:47 0:37
5	1130	Thies Knoll Bielefelder TG	H45	15:16	2:12 2:12	3:11 0:59	3:40 0:29	4:30 0:50	5:09 0:39	5:55 0:46	7:08 1:13	7:47 0:39	8:11 0:24	9:08 0:57	13:07 3:59	14:09 1:02	15:07 0:58
6	1138	Rolf Wüstenhagen Gundelfinger Turne	H45	15:39	2:12 2:12	3:14 1:02	3:46 0:32	4:37 0:51	5:11 0:34	5:57 0:46	7:15 1:18	7:55 0:40	8:19 0:24	9:17 0:58	13:35 4:18	14:45 1:10	15:30 0:45
7	1094	Friedmar Richter USV TU Dresden	H35	15:40	2:11 2:11	3:12 1:01	3:45 0:33	4:36 0:51	5:13 0:37	5:58 0:45	7:08 1:10	7:46 0:38	8:10 0:24	9:10 1:00	13:40 4:30	14:47 1:07	15:31 0:44
8	1093	Björn Frieling RCEH Celle	H35	16:02	2:21 2:21	3:28 1:07	3:58 0:30	4:48 0:50	5:22 0:34	6:04 0:42	7:11 1:07	7:54 0:43	8:21 0:27	9:49 1:28	14:12 4:23	15:14 1:02	15:53 0:39
9	1132	Martin Hennseler MTV Seesen	H45	16:39	2:21 2:21	3:17 0:56	3:51 0:34	4:56 1:05	5:40 0:44	6:27 0:47	7:40 1:13	8:23 0:43	8:51 0:28	9:58 1:07	14:40 4:42	15:51 1:11	16:31 0:40
10	1134	Henry Jobst Kaulsdorfer OLV Be	H45	16:42	2:27 2:27	3:32 1:05	4:09 0:37	5:05 0:56	5:42 0:37	6:29 0:47	7:58 1:29	8:38 0:40	9:04 0:26	10:06 1:02	14:48 4:42	15:50 1:02	16:33 0:43
11	1121	Rolf Breckle Bovender SV	H45	16:56	2:21 2:21	3:26 1:05	4:03 0:37	4:55 0:52	5:38 0:43	6:23 0:45	7:38 1:15	8:20 0:42	8:45 0:25	9:49 1:04	14:49 5:00	16:02 1:13	16:46 0:44
12	1100	Benno Schütz ESV Lok Berlin-Sch	H35	17:02	2:26 2:26	3:25 0:59	4:05 0:40	4:54 0:49	5:36 0:42	6:23 0:47	7:37 1:14	8:19 0:42	8:45 0:26	9:47 1:02	14:25 4:38	15:38 1:13	16:50 1:12
13	1102	Tobias Schwartz Berliner TSC	H35	17:04	2:21 2:21	4:04 1:43	4:39 0:35	5:33 0:54	6:10 0:37	6:57 0:47	8:09 1:12	8:47 0:38	9:10 0:23	10:06 0:56	14:19 4:13	15:27 1:08	16:27 1:00
14	1125	Volker Caspari OL Team Lippe	H45	17:28	2:34 2:34	3:41 1:07	4:20 0:39	5:16 0:56	5:59 0:43	6:44 0:45	8:01 1:17	8:43 0:42	9:09 0:26	10:10 1:01	15:12 5:02	16:27 1:15	17:18 0:51
15	1099	Dennis Treblow BSV Halle-Ammend	H35	17:39	2:46 2:46	3:44 0:58	4:20 0:36	5:16 0:56	6:17 1:01	6:59 0:42	8:20 1:21	9:01 0:41	9:27 0:26	10:31 1:04	15:37 5:06	16:46 1:09	17:30 0:44
16	1101	Leopold Kühschelm Berliner Turnerscha	H35	17:44	2:39 2:39	3:46 1:07	4:21 0:35	5:14 0:53	6:12 0:58	7:00 0:48	8:15 1:15	9:00 0:45	9:26 0:26	10:31 1:05	15:38 5:07	16:48 1:10	17:35 0:47
17	1135	Matthias Blaschke SC Volpriehausen	H45	17:49	2:31 2:31	3:43 1:12	4:22 0:39	5:11 0:49	5:54 0:43	6:47 0:53	8:28 1:41	9:06 0:38	9:30 0:24	10:22 0:52	15:35 5:13	16:49 1:14	17:38 0:49
18	1127	Gunnar Grote OLV Uslar	H45	17:58	2:31 2:31	3:40 1:09	4:21 0:41	5:23 1:02	6:03 0:40	7:00 0:57	8:23 1:23	9:11 0:48	9:39 0:28	10:43 1:04	15:44 5:01	16:57 1:13	17:47 0:50
19	1123	Christoph Kunth USC Magdeburg	H45	19:30	3:01 3:01	4:04 1:03	4:32 0:28	5:27 0:55	6:03 0:36	7:12 1:09	8:33 1:21	9:23 0:50	10:57 1:34	11:56 0:59	17:23 5:27	18:32 1:09	19:21 0:49
20	1126	Sven Buchholz MTK Bad Harzburg	H45	20:48	2:54 2:54	4:10 1:16	4:55 0:45	5:54 0:59	6:50 0:56	7:47 0:57	9:36 1:49	10:34 0:58	11:11 0:37	12:26 1:15	18:18 5:52	19:41 1:23	20:39 0:58
21	1131	Burkhard Otto ESV Lok Magdebur	H45	21:04	2:51 2:51	4:10 1:19	4:53 0:43	6:00 1:07	6:46 0:46	7:53 1:07	9:27 1:34	10:20 0:53	10:53 0:33	12:09 1:16	18:04 5:55	19:36 1:32	20:51 1:15

Pl	tnr	Name	Kat	Zeit													
H35 H45 (28)					3,4 km	13 P	<i>(Forts.)</i>										
					1(32)	2(45)	3(37)	4(38)	5(39)	6(47)	7(44)	8(41)	9(43)	10(60)	11(46)	12(51)	13(100)
22	1096	Erik Riebeseel ESV Lok Magdebur	H35	21:19	2:48	4:04	4:44	5:51	6:42	8:15	9:42	10:33	11:11	12:16	18:32	20:05	21:08
					2:48	1:16	0:40	1:07	0:51	1:33	1:27	0:51	0:38	1:05	6:16	1:33	1:03
23	1122	Mark Reinert TV Oberbexbach	H45	21:50	2:44	4:10	4:52	6:02	6:57	7:55	9:39	10:25	10:56	12:07	19:34	20:49	21:40
					2:44	1:26	0:42	1:10	0:55	0:58	1:44	0:46	0:31	1:11	7:27	1:15	0:51
24	1104	Sven Göbel Gymnasion Offenba	H35	23:11	3:34	4:56	5:41	6:52	7:44	8:46	10:26	11:21	11:54	13:14	20:13	21:53	22:57
					3:34	1:22	0:45	1:11	0:52	1:02	1:40	0:55	0:33	1:20	6:59	1:40	1:04
25	1098	Thorsten Schmidt ESV Lok Magdebur	H35	24:34	3:24	4:56	5:33	6:49	8:00	9:01	10:39	11:39	12:15	13:43	21:37	23:16	24:21
					3:24	1:32	0:37	1:16	1:11	1:01	1:38	1:00	0:36	1:28	7:54	1:39	1:05
26	1129	Oliver Hillebrandt OLV Uslar	H45	24:36	2:31	3:46	4:26	5:29	6:12	7:12	8:41	9:31	10:00	15:54	21:41	23:01	24:22
					2:31	1:15	0:40	1:03	0:43	1:00	1:29	0:50	0:29	5:54	5:47	1:20	1:21
27	1133	Carsten Bockelman SC Klecken	H45	27:01	4:15	5:58	6:58	8:15	9:06	11:18	13:37	14:33	15:17	16:40	23:54	25:42	26:46
					4:15	1:43	1:00	1:17	0:51	2:12	2:19	0:56	0:44	1:23	7:14	1:48	1:04
28	1095	Albrecht Distler Berliner TSC	H35	28:57	4:28	5:55	6:54	8:16	9:20	10:41	13:48	16:30	17:19	19:00	25:45	27:31	28:39
					4:28	1:27	0:59	1:22	1:04	1:21	3:07	2:42	0:49	1:41	6:45	1:46	1:08
					15:05												
					*63												
H16 H18 (14)					3,1 km	14 P											
					1(57)	2(56)	3(69)	4(60)	5(44)	6(40)	7(38)	8(37)	9(45)	10(33)	11(32)	12(46)	13(66)
					Ziel												
1	1059	Tom Buchholz MTK Bad Harzburg	H18	12:58	0:39	1:18	1:37	4:10	5:10	6:09	6:55	7:41	8:16	9:03	9:26	11:08	12:16
					0:39	0:39	0:19	2:33	1:00	0:59	0:46	0:46	0:35	0:47	0:23	1:42	1:08
					12:58												
					0:10												
2	1050	Theo Hennseler MTV Seesen	H16	13:13	0:35	1:13	1:35	3:55	4:54	5:53	6:39	7:30	8:07	8:52	9:10	11:17	12:30
					0:35	0:38	0:22	2:20	0:59	0:59	0:46	0:51	0:37	0:45	0:18	2:07	1:13
					13:13												
					0:10												
3	1055	Nilas Stamer MTK Bad Harzburg	H18	14:04	0:40	1:19	1:41	4:23	5:29	6:32	7:22	8:23	9:06	9:57	10:18	12:07	13:21
					0:40	0:39	0:22	2:42	1:06	1:03	0:50	1:01	0:43	0:51	0:21	1:49	1:14
					14:04												
					0:09												
4	1042	Anton Knoll Bielefelder TG	H16	14:31	0:33	1:11	1:35	4:12	5:17	6:23	7:14	8:13	8:48	9:41	10:01	12:23	13:43
					0:33	0:38	0:24	2:37	1:05	1:06	0:51	0:59	0:35	0:53	0:20	2:22	1:20
					14:31												
					0:10												
5	1058	Aaron Wandelt MTV Seesen	H18	14:45	0:42	1:25	1:52	4:45	5:51	6:59	7:48	8:38	9:18	10:10	10:35	12:38	14:00
					0:42	0:43	0:27	2:53	1:06	1:08	0:49	0:50	0:40	0:52	0:25	2:03	1:22
					14:45												
					0:09												
6	1056	Jan Klose MTV Seesen	H18	14:56	1:16	1:55	2:19	5:05	6:05	7:35	8:16	8:59	9:40	10:34	10:56	13:04	14:17
					1:16	0:39	0:24	2:46	1:00	1:30	0:41	0:43	0:41	0:54	0:22	2:08	1:13
					14:56												
					12:36												
7	1048	Ben Reinert TV Oberbexbach	H16	15:59	0:45	1:38	2:19	5:42	7:01	8:22	9:17	10:20	11:05	11:58	12:22	14:07	15:18
					0:45	0:53	0:41	3:23	1:19	1:21	0:55	1:03	0:45	0:53	0:24	1:45	1:11
					15:59												
					0:09												
7	1046	Johannes Otto ESV Lok Magdebur	H16	15:59	0:43	1:35	2:01	5:14	6:26	7:46	8:44	9:46	10:26	11:29	11:51	13:46	15:06
					0:43	0:52	0:26	3:13	1:12	1:20	0:58	1:02	0:40	1:03	0:22	1:55	1:20
					15:59												
					0:09												
9	1043	Bennet Grote OLV Uslar	H16	17:01	0:46	1:39	2:06	5:23	6:42	8:04	9:05	10:04	10:49	11:52	12:26	14:41	16:16
					0:46	0:53	0:27	3:17	1:19	1:22	1:01	0:59	0:45	1:03	0:34	2:15	1:35
					17:01												
					0:10												
10	1044	Lion Bernsdorf MTV Seesen	H16	18:54	2:22	3:08	3:29	6:46	8:04	9:34	10:35	11:40	12:24	13:34	14:17	16:38	18:05
					2:22	0:46	0:21	3:17	1:18	1:30	1:01	1:05	0:44	1:10	0:43	2:21	1:27
					18:54												
					0:09												
11	1057	Lennart Krätz TV Jahn Wolfsburg	H18	19:44	0:53	1:55	2:21	5:56	7:11	8:36	9:30	10:31	11:12	12:57	14:17	17:03	18:51
					0:53	1:02	0:26	3:35	1:15	1:25	0:54	1:01	0:41	1:45	1:20	2:46	1:48
					19:44												
					0:10												
AK	1049	Jussi & Thilo Bruns MTK Bad Harzburg	H16	15:47	0:46	1:32	1:59	4:57	6:05	7:10	8:07	9:01	9:39	10:42	11:07	13:34	14:57
					0:46	0:46	0:27	2:58	1:08	1:05	0:57	0:54	0:38	1:03	0:25	2:27	1:23
					15:47												
					0:11												
	1045	Finn Reineke OLV Uslar	H16	N Ang													
	1047	Julius Wandelt MTV Seesen	H16	N Ang													
H21K H55 (15)					3,0 km	12 P											
					1(65)	2(57)	3(41)	4(42)	5(45)	6(37)	7(38)	8(39)	9(47)	10(32)	11(35)	12(100)	Ziel
1	1149	Michael Thierolf TSG Bad König	H55	14:12	0:36	1:03	3:28	4:48	5:59	6:30	7:20	7:53	8:42	10:36	11:50	14:03	14:12
					0:36	0:27	2:25	1:20	1:11	0:31	0:50	0:33	0:49	1:54	1:14	2:13	0:09

Pl	tnr	Name	Kat	Zeit												Ziel	
H21K H55 (15)				3,0 km	12 P	<i>(Forts.)</i>											
				1(65)	2(57)	3(41)	4(42)	5(45)	6(37)	7(38)	8(39)	9(47)	10(32)	11(35)	12(100)		
2	1152	Matthias Müller Post SV Dresden	H55	14:19	0:36	1:04	3:20	4:40	5:53	6:28	7:19	7:53	8:39	10:45	12:00	14:08	14:19
					0:36	0:28	2:16	1:20	1:13	0:35	0:51	0:34	0:46	2:06	1:15	2:08	0:11
3	1154	Horst von Gaza OLV Uslar	H55	15:13	0:53	1:27	3:46	5:10	6:23	6:58	7:54	8:33	9:22	11:15	12:29	15:03	15:13
					0:53	0:34	2:19	1:24	1:13	0:35	0:56	0:39	0:49	1:53	1:14	2:34	0:10
					14:28												
					*66												
4	1158	Johannes Matthews OLV Potsdam	H55	15:20	0:43	1:18	3:50	5:39	6:50	7:29	8:20	8:54	9:40	11:46	13:01	15:09	15:20
					0:43	0:35	2:32	1:49	1:11	0:39	0:51	0:34	0:46	2:06	1:15	2:08	0:11
5	1060	Garvin Behling Turn-Klubb zu Han	H19K	16:57	0:42	1:21	4:07	5:38	7:04	7:49	8:42	9:26	10:33	13:19	14:50	16:49	16:57
					0:42	0:39	2:46	1:31	1:26	0:45	0:53	0:44	1:07	2:46	1:31	1:59	0:08
6	1153	Lutz Wohlrabe ESV Lok Berlin-Sch	H55	17:50	1:07	2:03	4:46	6:16	7:59	8:44	9:44	10:31	11:29	13:55	15:24	17:40	17:50
					1:07	0:56	2:43	1:30	1:43	0:45	1:00	0:47	0:58	2:26	1:29	2:16	0:10
7	1157	Uwe Dresel SC Klecken	H55	18:04	0:44	1:55	4:29	6:07	7:42	8:14	9:17	9:57	10:55	13:45	15:16	17:54	18:04
					0:44	1:11	2:34	1:38	1:35	0:32	1:03	0:40	0:58	2:50	1:31	2:38	0:10
8	1156	Werner Drese OLV Uslar	H55	18:29	0:44	1:26	4:20	5:48	8:12	8:57	10:00	10:52	11:51	14:22	15:51	18:15	18:29
					0:44	0:42	2:54	1:28	2:24	0:45	1:03	0:52	0:59	2:31	1:29	2:24	0:14
9	1151	Michael Schwien SC Klecken	H55	19:32	0:42	3:21	5:49	7:56	9:32	10:25	11:16	12:02	13:11	15:20	16:43	19:20	19:32
					0:42	2:39	2:28	2:07	1:36	0:53	0:51	0:46	1:09	2:09	1:23	2:37	0:12
10	1161	Jens Borm TuS Bramsche	H55	20:54	1:04	2:00	5:13	6:55	8:42	9:29	10:39	11:52	13:21	16:25	17:56	20:40	20:54
					1:04	0:56	3:13	1:42	1:47	0:47	1:10	1:13	1:29	3:04	1:31	2:44	0:14
11	1155	Thomas Binsch SC Klecken	H55	21:22	0:46	1:29	5:01	7:02	8:58	9:38	10:47	11:42	13:03	16:14	18:10	21:05	21:22
					0:46	0:43	3:32	2:01	1:56	0:40	1:09	0:55	1:21	3:11	1:56	2:55	0:17
12	1159	Uwe Böhning USC Magdeburg	H55	23:22	1:01	2:27	5:48	7:39	9:33	10:17	11:33	12:44	15:52	18:32	20:17	23:10	23:22
					1:01	1:26	3:21	1:51	1:54	0:44	1:16	1:11	3:08	2:40	1:45	2:53	0:12
13	1062	Jens Wittke SV Hildesia Diekhof	H19K	23:24	0:54	1:48	4:50	6:21	8:52	9:47	10:51	11:51	13:00	19:23	20:35	23:07	23:24
					0:54	0:54	3:02	1:31	2:31	0:55	1:04	1:00	1:09	6:23	1:12	2:32	0:17
14	1061	Thomas Koziol TV Jahn Wolfsburg	H19K	27:43	1:49	2:24	5:47	7:52	10:47	11:31	12:59	14:11	17:42	21:20	23:26	27:28	27:43
					1:49	0:35	3:23	2:05	2:55	0:44	1:28	1:12	3:31	3:38	2:06	4:02	0:15
15	1150	Gerhard Bader ESV Lok Magdebur	H55	30:42	1:54	2:58	6:39	10:21	12:46	13:41	14:54	16:01	21:10	24:23	26:12	30:27	30:42
					1:54	1:04	3:41	3:42	2:25	0:55	1:13	1:07	5:09	3:13	1:49	4:15	0:15

D35 D45 (24)				2,8 km	12 P												Ziel
				1(70)	2(60)	3(63)	4(47)	5(42)	6(38)	7(36)	8(62)	9(64)	10(46)	11(66)	12(100)		
1	1115	Anke von Gaza OLV Uslar	D45	15:01	1:05	3:44	4:51	6:24	7:06	8:01	9:09	10:03	11:58	12:39	14:12	14:51	15:01
					1:05	2:39	1:07	1:33	0:42	0:55	1:08	0:54	1:55	0:41	1:33	0:39	0:10
2	1092	Farina Freigang Bielefelder TG	D35	15:44	1:07	3:50	5:02	6:35	7:21	8:10	9:33	10:48	12:35	13:19	14:51	15:32	15:44
					1:07	2:43	1:12	1:33	0:46	0:49	1:23	1:15	1:47	0:44	1:32	0:41	0:12
3	1113	Evi Drese OLV Uslar	D45	15:54	1:06	4:07	5:21	6:58	7:46	8:37	9:50	10:50	12:39	13:25	14:58	15:43	15:54
					1:06	3:01	1:14	1:37	0:48	0:51	1:13	1:00	1:49	0:46	1:33	0:45	0:11
4	1090	Katarina Tauber BSV Halle-Ammend	D35	15:59	0:59	4:04	5:20	6:55	7:40	8:31	9:49	10:50	12:38	13:24	15:02	15:47	15:59
					0:59	3:05	1:16	1:35	0:45	0:51	1:18	1:01	1:48	0:46	1:38	0:45	0:12
5	1085	Nadine Enoch Turn-Klubb zu Han	D35	16:08	0:57	4:01	5:13	6:49	7:28	8:17	9:34	10:45	12:44	13:31	15:11	15:56	16:08
					0:57	3:04	1:12	1:36	0:39	0:49	1:17	1:11	1:59	0:47	1:40	0:45	0:12
6	1086	Claudia Becker Berliner Turnerscha	D35	16:47	1:08	4:04	5:45	8:01	8:43	9:29	10:43	11:57	13:38	14:18	15:49	16:37	16:47
					1:08	2:56	1:41	2:16	0:42	0:46	1:14	1:14	1:41	0:40	1:31	0:48	0:10
7	1116	Caroline Knoll Bielefelder TG	D45	17:09	0:55	4:56	6:16	7:50	8:32	9:23	10:43	11:52	13:47	14:35	16:14	16:57	17:09
					0:55	4:01	1:20	1:34	0:42	0:51	1:20	1:09	1:55	0:48	1:39	0:43	0:12
8	1118	Sonja Kunze OLV Uslar	D45	18:04	1:24	4:48	6:05	7:44	8:29	9:28	11:10	12:22	14:25	15:20	17:05	17:53	18:04
					1:24	3:24	1:17	1:39	0:45	0:59	1:42	1:12	2:03	0:55	1:45	0:48	0:11
9	1111	Michaela Bruns MTK Bad Harzburg	D45	18:20	1:01	4:22	5:48	7:45	8:34	9:26	10:58	12:08	14:21	15:16	17:10	18:04	18:20
					1:01	3:21	1:26	1:57	0:49	0:52	1:32	1:10	2:13	0:55	1:54	0:54	0:16
10	1088	Sandra Castilho Ma SV Hildesia Diekhof	D35	18:23	1:11	4:34	5:56	7:37	8:23	9:13	10:40	11:46	14:31	15:23	17:15	18:10	18:23
					1:11	3:23	1:22	1:41	0:46	0:50	1:27	1:06	2:45	0:52	1:52	0:55	0:13
11	1119	Kerstin Mandel USC Magdeburg	D45	18:52	1:27	5:30	6:54	8:47	9:32	10:25	12:06	13:06	15:17	16:05	17:50	18:39	18:52
					1:27	4:03	1:24	1:53	0:45	0:53	1:41	1:00	2:11	0:48	1:45	0:49	0:13
12	1087	Sandra Lischewski BSV Halle-Ammend	D35	19:10	1:14	4:41	6:04	7:55	8:49	9:49	11:21	12:44	15:27	16:20	18:10	18:58	19:10
					1:14	3:27	1:23	1:51	0:54	1:00	1:32	1:23	2:43	0:53	1:50	0:48	0:12
13	1106	Kerstin Krätz TV Jahn Wolfsburg	D45	19:26	1:47	5:07	6:36	8:26	9:20	10:18	12:29	13:37	15:48	16:35	18:23	19:14	19:26
					1:47	3:20	1:29	1:50	0:54	0:58	2:11	1:08	2:11	0:47	1:48	0:51	0:12
14	1108	Tanja Buchholz MTK Bad Harzburg	D45	19:37	1:17	5:03	6:35	8:38	9:33	10:33	12:07	13:19	15:35	16:31	18:29	19:23	19:37
					1:17	3:46	1:32	2:03	0:55	1:00	1:34	1:12	2:16	0:56	1:58	0:54	0:14
15	1117	Irene Buchberger MTV Seesen	D45	19:56	1:29	5:15	6:35	8:34	9:27	10:44	12:16	13:39	16:03	16:52	18:41	19:43	19:56
					1:29	3:46	1:20	1:59	0:53	1:17	1:32	1:23	2:24	0:49	1:49	1:02	0:13
16	1084	Claudia Weigert TV Jahn Wolfsburg	D35	20:23	1:31	4:54	6:21	8:20	9:24	10:24	11:59	13:37	16:07	17:31	19:21	20:08	20:23
					1:31	3:23	1:27	1:59	1:04	1:00	1:35	1:38	2:30	1:24	1:50	0:47	0:15
17	1091	Kerstin Wittke SV Hildesia Diekhof	D35	21:20	3:15	7:07	8:40	10:32	11:22	12:15	13:45	14:49	17:03	18:27	20:16	21:06	21:20
					3:15	3:52	1:33	1:52	0:50	0:53	1:30	1:04	2:14	1:24	1:49	0:50	0:14
18	1107	Petra Schneider SV Hildesia Diekhof	D45	21:51	1:02	4:36	9:22	11:16	12:06	13:01	14:34	15:44	17:55	18:52	20:46	21:36	21:51
					1:02	3:34	4:46	1:54	0:50	0:55	1:33	1:10	2:11	0:57	1:54	0:50	0:15
19	1105	Pia Caspari OL Team Lippe	D45	22:32	3:17	6:49	8:18	10:25	11:18	12:19	13:54	15:30	18:22	19:19	21:36	22:23	22:32
					3:17	3:32	1:29	2:07	0:53	1:01	1:35	1:36	2:52	0:57	2:17	0:47	0:09
20	1089	Katrin Klose TV Jahn Wolfsburg	D35	22:54	1:36	5:32	7:11	9:10	10:21	11:58	13:42	15:16	17:56	19:23	21:30	22:41	22:54
					1:36	3:56	1:39	1:59	1:11	1:37	1:44	1:34	2:40	1:27	2:07	1:11	0:13
21	1110	Dagmar Behrendt BSV Halle-Ammend	D45	24:15	1:49	6:33	8:32	10:52									

Pl	tnr	Name	Kat	Zeit													Ziel	
D35 D45 (24)				2,8 km	12 P	<i>(Forts.)</i>												
					1(70)	2(60)	3(63)	4(47)	5(42)	6(38)	7(36)	8(62)	9(64)	10(46)	11(66)	12(100)		
23	1120	Nicole Perleberg ESV Lok Magdebur	D35	26:47	1:48	5:36	12:21	14:14	15:15	16:21	18:05	19:49	22:20	23:22	25:38	26:32	26:47	
					1:48	3:48	6:45	1:53	1:01	1:06	1:44	1:44	2:31	1:02	2:16	0:54	0:15	
24	1109	Sylke Höfner OLV Uslar	D45	31:46	2:03	8:33	10:45	13:35	15:10	16:49	19:13	21:42	25:33	26:54	30:06	31:27	31:46	
					2:03	6:30	2:12	2:50	1:35	1:39	2:24	2:29	3:51	1:21	3:12	1:21	0:19	
D16 D18 D19K (16)				2,5 km	12 P													
					1(52)	2(54)	3(43)	4(41)	5(42)	6(38)	7(37)	8(45)	9(35)	10(51)	11(66)	12(100)	Ziel	
1	1053	Lina Buchberger MTV Seesen	D18	12:22	0:41	1:20	3:57	4:22	5:59	6:41	7:34	8:14	10:16	11:23	11:37	12:13	12:22	
					0:41	0:39	2:37	0:25	1:37	0:42	0:53	0:40	2:02	1:07	0:14	0:36	0:09	
2	1037	Pina Mauch Berliner Turnerscha	D16	13:18	0:45	1:22	4:21	4:48	6:13	6:57	8:00	8:38	11:01	12:15	12:27	13:07	13:18	
					0:45	0:37	2:59	0:27	1:25	0:44	1:03	0:38	2:23	1:14	0:12	0:40	0:11	
3	1036	Emma Caspari OL Team Lippe	D16	13:45	0:42	1:19	4:58	5:28	6:59	7:47	8:40	9:22	11:32	12:48	13:01	13:37	13:45	
					0:42	0:37	3:39	0:30	1:31	0:48	0:53	0:42	2:10	1:16	0:13	0:36	0:08	
4	1040	Anna Castilho Marc SV Hildesia Diekhof	D16	13:46	0:43	1:16	4:17	4:45	6:16	7:01	7:56	8:41	11:25	12:42	12:55	13:36	13:46	
					0:43	0:33	3:01	0:28	1:31	0:45	0:55	0:45	2:44	1:17	0:13	0:41	0:10	
5	1038	Lilly Hintz MTV Seesen	D16	15:21	0:46	1:28	4:52	5:19	6:59	7:55	8:55	9:41	12:34	14:09	14:24	15:10	15:21	
					0:46	0:42	3:24	0:27	1:40	0:56	1:00	0:46	2:53	1:35	0:15	0:46	0:11	
6	1035	Carolin Bernsdorf MTV Seesen	D16	15:25	0:46	1:20	4:53	5:22	7:08	8:03	8:57	9:45	13:19	14:26	14:39	15:15	15:25	
					0:46	0:34	3:33	0:29	1:46	0:55	0:54	0:48	3:34	1:07	0:13	0:36	0:10	
7	1197	Anna-Lena Engelma TSV Worpsswede	D19K	16:18	0:55	1:39	5:24	5:58	7:46	8:46	9:56	10:44	13:21	14:59	15:14	16:03	16:18	
					0:55	0:44	3:45	0:34	1:48	1:00	1:10	0:48	2:37	1:38	0:15	0:49	0:15	
8	1039	Julia Stell TG 1860 Münden	D16	18:11	1:07	1:56	6:00	6:32	8:38	9:35	11:10	12:06	15:20	16:57	17:14	18:00	18:11	
					1:07	0:49	4:04	0:32	2:06	0:57	1:35	0:56	3:14	1:37	0:17	0:46	0:11	
9	1193	Lea Reppnow OLV Uslar	D19K	18:36	1:12	1:59	5:55	6:36	9:10	10:10	11:29	12:30	15:27	16:57	17:32	18:23	18:36	
					1:12	0:47	3:56	0:41	2:34	1:00	1:19	1:01	2:57	1:30	0:35	0:51	0:13	
10	1052	Maggie Niemann USC Magdeburg	D18	19:24	0:56	1:42	6:08	6:58	9:00	9:58	11:10	11:59	15:18	17:57	18:13	19:11	19:24	
					0:56	0:46	4:26	0:50	2:02	0:58	1:12	0:49	3:19	2:39	0:16	0:58	0:13	
11	1195	Katja Eckel OLV Uslar	D19K	22:38	1:15	2:12	7:27	8:09	10:14	11:24	13:02	14:01	19:38	21:24	21:43	22:25	22:38	
					1:15	0:57	5:15	0:42	2:05	1:10	1:38	0:59	5:37	1:46	0:19	0:42	0:13	
12	1054	Julia Mandel USC Magdeburg	D18	22:39	0:51	1:33	6:48	7:17	9:24	10:17	16:30	17:13	19:53	21:25	21:41	22:28	22:39	
					0:51	0:42	5:15	0:29	2:07	0:53	6:13	0:43	2:40	1:32	0:16	0:47	0:11	
13	1196	Karola Schmidt TG 1860 Münden	D19K	22:58	1:02	1:52	8:32	9:13	11:19	12:35	14:11	15:13	19:37	21:31	21:49	22:45	22:58	
					1:02	0:50	6:40	0:41	2:06	1:16	1:36	1:02	4:24	1:54	0:18	0:56	0:13	
14	1191	Susanne Körber OLV Uslar	D19K	23:04	1:57	2:42	7:57	8:43	11:13	12:18	13:48	14:31	19:18	21:40	22:04	22:52	23:04	
					1:57	0:45	5:15	0:46	2:30	1:05	1:30	0:43	4:47	2:22	0:24	0:48	0:12	
15	1194	Kristine Schulze TV Jahn Wolfsburg	D19K	24:03	1:21	2:31	7:25	8:14	10:50	12:13	13:49	15:08	19:49	22:03	22:34	23:47	24:03	
					1:21	1:10	4:54	0:49	2:36	1:23	1:36	1:19	4:41	2:14	0:31	1:13	0:16	
16	1192	Belinda Koziol TV Jahn Wolfsburg	D19K	26:56	1:19	2:18	11:59	12:50	15:12	16:17	17:40	18:32	22:50	24:46	25:36	26:36	26:56	
					1:19	0:59	9:41	0:51	2:22	1:05	1:23	0:52	4:18	1:56	0:50	1:00	0:20	
H65 D55 (27)				2,3 km	10 P													
					1(54)	2(56)	3(69)	4(48)	5(58)	6(42)	7(38)	8(45)	9(35)	10(100)	Ziel			
1	1172	Reinhard In der Str Osnabrücker TB	H65	14:11	0:45	1:15	1:42	3:58	5:25	7:21	8:13	9:09	11:33	14:00	14:11			
					0:45	0:30	0:27	2:16	1:27	1:56	0:52	0:56	2:24	2:27	0:11			
2	1181	Erhard Jübermann SC Klecken	H65	14:13	0:51	1:29	1:52	3:58	5:17	7:04	8:58	11:23	14:01	14:13				
					0:51	0:38	0:23	2:06	1:19	1:47	0:54	1:00	2:25	2:38	0:12			
3	1143	Veronika Lange USC Magdeburg	D55	14:31	1:15	1:46	2:12	4:32	5:53	7:30	8:47	9:41	12:11	14:19	14:31		0:50	
					1:15	0:31	0:26	2:20	1:21	1:37	1:17	0:54	2:30	2:08	0:12		*65	
4	1180	Helmut Conrad USV TU Dresden	H65	15:10	0:54	1:37	2:08	4:30	5:49	8:20	9:09	10:03	12:24	14:59	15:10			
					0:54	0:43	0:31	2:22	1:19	2:31	0:49	0:54	2:21	2:35	0:11			
5	1177	Hans Christian Stri SC Klecken	H65	15:24	0:51	1:19	1:50	4:20	5:43	7:32	8:25	9:21	11:46	15:11	15:24			
					0:51	0:28	0:31	2:30	1:23	1:49	0:53	0:56	2:25	3:25	0:13			
6	1178	Lutz Tröße SV TU Ilmenau	H65	16:06	0:52	1:22	1:54	4:30	5:59	7:56	8:51	9:54	13:27	15:54	16:06			
					0:52	0:30	0:32	2:36	1:29	1:57	0:55	1:03	3:33	2:27	0:12			
7	1141	Ulrike Korff SC Achmer	D55	16:13	1:17	1:57	2:25	5:00	6:37	8:38	9:34	10:40	13:18	16:00	16:13			
					1:17	0:40	0:28	2:35	1:37	2:01	0:56	1:06	2:38	2:42	0:13			
8	1173	Bernd Höfner OLV Uslar	H65	17:13	3:21	3:57	4:23	7:05	8:24	10:10	11:04	12:01	14:14	17:02	17:13			
					3:21	0:36	0:26	2:42	1:19	1:46	0:54	0:57	2:13	2:48	0:11			
9	1174	Ferdinand Hanses TuS Bramsche	H65	17:18	1:16	1:54	2:29	5:07	6:47	9:06	10:03	11:09	13:57	17:00	17:18			
					1:16	0:38	0:35	2:38	1:40	2:19	0:57	1:06	2:48	3:03	0:18			
10	1146	Petra Speh-Rothaug OSC Kassel	D55	17:34	1:17	1:55	2:30	5:37	7:08	9:21	10:22	11:30	14:19	17:19	17:34			
					1:17	0:38	0:35	3:07	1:31	2:13	1:01	1:08	2:49	3:00	0:15			
11	1145	Theresia Schulte SC Melle 03	D55	18:11	1:21	2:02	2:38	5:51	7:36	9:46	10:53	12:16	15:07	17:55	18:11			
					1:21	0:41	0:36	3:13	1:45	2:10	1:07	1:23	2:51	2:48	0:16			
12	1175	Karl-Heinz Seefeld OLV Uslar	H65	18:55	0:54	1:39	2:10	5:03	6:54	9:20	10:29	11:50	15:31	18:38	18:55			
					0:54	0:45	0:31	2:53	1:51	2:26	1:09	1:21	3:41	3:07	0:17			
13	1144	Barbara Dresel SC Klecken	D55	19:00	1:04	1:43	2:22	5:31	7:19	9:43	10:50	12:19	15:32	18:44	19:00			
					1:04	0:39	0:39	3:09	1:48	2:24	1:07	1:29	3:13	3:12	0:16			
14	1184	Karlheinz Niescken SSV Langenhagen	H65	20:17	5:15	5:42	6:12	9:06	10:37	12:31	13:27	14:26	17:02	20:03	20:17		1:52	
					5:15	0:27	0:30	2:54	1:31	1:54	0:56	0:59	2:36	3:01	0:14		*56	
15	1179	Bernd Wollenberg Berliner TSC	H65	20:19	1:05	1:45	2:19	5:40	7:29	10:18	11:36	13:07	16:23	20:04	20:19			
					1:05	0:40	0:34	3:21	1:49	2:49	1:18	1:31	3:16	3:41	0:15			
16	1170	Heinz Friedrich Pap OL Team Lippe	H65	20:41	1:12	1:50	3:52	7:09	8:52	11:03	12:04	13:11	16:22	20:26	20:41		2:34	
					1:12	0:38	2:02	3:17	1:43	2:11								

Pl	tnr	Name	Kat	Zeit											Ziel		
H65 D55 (27)					2,3 km	10 P	<i>(Forts.)</i>										
					1(54)	2(56)	3(69)	4(48)	5(58)	6(42)	7(38)	8(45)	9(35)	10(100)	Ziel		
19	1182	Wolfgang Wöldecke SC Melle 03	H65	23:14	1:22	2:15	2:49	6:42	8:32	11:05	12:30	14:16	18:27	22:56	23:14		
20	1147	Ulrike Wöldecke SC Melle 03	D55	23:25	1:13	2:08	3:02	6:48	9:05	11:56	13:12	14:39	18:59	23:10	23:25		
21	1171	Gerhard Niederland TSV Schloss Ricklin	H65	26:17	1:02	1:41	2:21	5:52	7:43	16:32	17:33	18:59	22:59	26:01	26:17		
22	1186	Karl-Heinz Binsch TSV Ahlden	H75	27:51	1:50	2:48	3:39	8:19	10:40	14:10	15:51	17:58	22:51	27:30	27:51		
23	1185	Dieter Brockfeld Osnabrücker TB	H75	30:42	1:54	3:08	4:04	8:08	10:48	14:29	16:13	18:00	22:42	30:16	30:42		
24	1187	Albrecht Bergt TSV Fischerhude	H75	30:58	2:15	3:25	4:32	10:30	13:06	16:47	18:24	20:15	25:29	30:38	30:58		
25	1176	Johannes Müssen SUS Vehrte	H65	39:17	1:59	4:18	5:14	9:43	17:51	21:53	23:45	26:08	32:39	38:46	39:17		
	1140	Olga Sonnenberg Osnabrücker TB	D55	N Ang													
	1183	Wilhelm Holz OLV Uslar	H65	N Ang													
H75 D65 (7)					2,0 km	10 P											
					1(55)	2(53)	3(57)	4(65)	5(56)	6(69)	7(48)	8(34)	9(35)	10(100)	Ziel		
1	1163	Antje Sobczak MTV Soltau	D65	16:13	0:57	1:27	2:04	3:29	3:48	4:22	7:52	10:08	12:39	15:53	16:13	14:42	
2	1166	Birgitt Michel TV Jahn Wolfsburg	D65	18:35	0:58	1:26	2:00	3:15	4:07	4:44	8:18	10:48	14:21	18:10	18:35	*51	
3	1167	Renate Tröbe SV TU Ilmenau	D65	18:53	3:13	4:26	5:01	5:59	6:20	6:55	10:29	12:40	15:08	18:38	18:53	1:11	
4	1164	Gisela Müller TV 1886 Diedenber	D65	19:32	1:02	1:39	2:21	3:35	4:12	5:39	9:11	12:09	15:27	19:17	19:32	*67	
5	1169	Irmela Bergt TSV Fischerhude	D65	22:31	2:01	3:02	3:38	7:59	8:21	9:11	12:18	14:53	17:52	22:14	22:31	6:44	
6	1165	Ingrid Müssen SUS Vehrte	D65	22:32	3:03	5:18	5:58	7:16	8:08	8:42	12:08	14:42	18:27	22:07	22:32	7:47	
7	1168	Gudrun In der Strot Osnabrücker TB	D65	23:25	2:45	3:49	4:40	9:06	9:32	10:07	13:20	16:04	19:19	23:09	23:25	*70	
H12 H14 (5)					1,6 km	11 P											
					1(67)	2(69)	3(70)	4(54)	5(53)	6(59)	7(68)	8(34)	9(46)	10(66)	11(100)	Ziel	
1	1027	Johannes Eckel OLV Uslar	H12	9:41	0:47	1:30	2:11	2:40	3:10	4:19	5:19	6:14	6:52	8:30	9:31	9:41	
2	1016	Sven-Guido Schulz TV Jahn Wolfsburg	H14	10:54	0:44	1:34	2:28	2:58	3:25	4:56	5:56	6:55	7:33	9:21	10:44	10:54	
3	1028	Hannes Möhring TV Jahn Wolfsburg	H12	11:38	0:55	1:39	3:04	3:36	4:10	5:26	6:21	7:13	7:59	10:21	11:27	11:38	
4	1026	Felix Salau MTV Seesen	H12	16:12	1:00	1:54	3:23	6:00	7:22	9:00	10:00	11:14	12:18	14:43	16:00	16:12	
	1015	Till Buchberger MTV Seesen	H14	N Ang													
D12 D14 OM (18)					1,4 km	12 P											
					1(53)	2(57)	3(65)	4(70)	5(69)	6(59)	7(31)	8(68)	9(34)	10(46)	11(51)	12(100)	Ziel
1	1018	Annkathrin Knoll Bielefelder TG	D14	7:48	0:22	0:45	1:31	1:46	2:13	3:07	3:53	4:16	5:03	5:36	6:48	7:36	7:48
2	1020	Anna Weigert TV Jahn Wolfsburg	D14	9:52	0:31	0:59	1:48	2:02	2:38	3:42	4:33	5:02	6:01	6:42	8:57	9:41	9:52
3	1011	Jule Weigert TV Jahn Wolfsburg	D12	10:40	0:47	1:15	2:16	2:40	3:16	4:25	5:11	5:48	6:46	7:25	9:00	10:25	10:40
4	1019	Sophie Kuhn Turn-Klubb zu Han	D14	10:58	0:47	1:08	1:50	2:21	3:04	4:28	5:13	5:49	7:11	7:50	9:47	10:45	10:58
5	1007	Lucia Stolze Bovender SV	D12	11:03	0:46	1:18	2:26	2:55	3:35	4:40	5:38	6:08	7:09	7:49	9:25	10:50	11:03
6	1004	Rut Stark MTV Seesen	D12	12:01	0:30	0:59	3:31	3:46	4:22	5:45	6:31	6:57	8:03	8:41	10:32	11:51	12:01
7	1021	Marlene Behling Turn-Klubb zu Han	D14	12:55	0:35	2:02	3:48	4:19	5:02	6:26	7:11	7:47	9:04	9:47	11:45	12:42	12:55
8	1005	Julia Schley USC Magdeburg	D12	13:07	2:07	2:58	4:11	4:38	5:19	6:31	7:27	8:08	9:11	9:55	11:33	12:57	13:07
9	1009	Karla Breckle Bovender SV	D12	13:33	0:23	0:50	6:27	6:38	7:13	8:16	9:07	9:38	10:38	11:13	12:29	13:24	13:33
					2:20												
					*56												
10	1006	Jette Körber OLV Uslar	D12	15:05	1:56	2:23	3:43	4:08	5:15	6:40	7:58	8:42	10:31	11:27	13:30	14:39	15:05
11	1010	Lola Caspari OL Team Lippe	D12	16:04	2:55	3:22	4:44	5:09	6:14	7:40	8:55	9:44	11:30	12:25	14:29	15:40	16:04
					2:55	0:27	1:22	0:25	1:05	1:26	1:15	0:49	1:46	0:55	2:04	1:11	0:24

Pl	tnr	Name	Kat	Zeit														
D12 D14 OM (18)					1,4 km	12 P	<i>(Forts.)</i>										Ziel	
					1(53)	2(57)	3(65)	4(70)	5(69)	6(59)	7(31)	8(68)	9(34)	10(46)	11(51)	12(100)	Ziel	
12	1008	Lamis Mousa OLV Uslar	D12	16:10	1:21 1:21 2:49 *55	1:51 0:30 3:21 *56	7:33 5:42	7:47 0:14	8:20 0:33	9:38 1:18	10:29 0:51	10:54 0:25	12:12 1:18	12:49 0:37	14:34 1:45	15:58 1:24	16:10 0:12	
13	1032	Maren Borm TuS Bramsche	KL	16:19	1:00 1:00	2:23 1:23	4:07 1:44	4:43 0:36	5:45 1:02	7:19 1:34	8:29 1:10	9:11 0:42	10:57 1:46	11:52 0:55	14:08 2:16	16:03 1:55	16:19 0:16	
14	1034	Tjardo Börger TuS Bramsche	KL	16:31	3:03 3:03	5:46 2:43	6:32 0:46	7:00 0:28	7:52 0:52	9:17 1:25	10:25 1:08	11:00 0:35	12:32 1:32	13:26 0:54	15:14 1:48	16:17 1:03	16:31 0:14	
15	1017	Ivonne Jobst - ohne -	KL	19:38	1:21 1:21	2:22 1:01	4:08 1:46	4:42 0:34	5:53 1:11	8:09 2:16	10:18 2:09	11:06 0:48	12:58 1:52	14:14 1:16	17:03 2:49	19:12 2:09	19:38 0:26	
16	1033	Günter Stark MTV Seesen	KL	28:09	0:51 0:51	2:00 1:09	8:56 6:56	9:44 0:48	11:06 1:22	13:10 2:04	14:32 1:22	15:29 0:57	18:48 3:19	19:49 1:01	22:05 2:16	27:42 5:37	28:09 0:27	
17	1031	Natalia Schwenzer TV Jahn Wolfsburg	KL	31:14	0:45 0:45	1:26 0:41	2:36 1:10	6:11 3:35	7:35 1:24	9:11 1:36	19:51 10:40	20:41 0:50	23:07 2:26	24:14 1:07	27:19 3:05	30:39 3:20	31:14 0:35	
18	1030	Karen Ellermann ESV Lok Magdebur	KL	43:42	8:18 8:18	25:13 16:55	28:02 2:49	29:05 1:03	30:40 1:35	32:25 1:45	35:08 2:43	35:41 0:33	37:44 2:03	38:42 0:58	40:56 2:14	43:22 2:26	43:42 0:20	
D10 H10 (9)					1,1 km	9 P											Ziel	
					1(61)	2(59)	3(31)	4(68)	5(64)	6(46)	7(51)	8(66)	9(100)				Ziel	
1	1000	Katharina Lorenz SV Hildesia Diekhof	D10	10:28	1:59 1:59	2:56 0:57	3:48 0:52	4:19 0:31	5:01 0:42	6:35 1:34	8:22 1:47	8:53 0:31	10:15 1:22	10:28 0:13				
2	1189	Hanna Stark MTV Seesen	D10B	12:26	1:18 1:18	2:18 1:00	4:41 2:23	5:30 0:49	6:28 0:58	7:44 1:16	10:02 2:18	10:42 0:40	12:10 1:28	12:26 0:16				
3	1001	Miguel Castilho Mar SV Hildesia Diekhof	H10	14:27	0:44 0:44	1:43 0:59	4:14 2:31	5:15 1:01	5:59 0:44	7:38 1:39	10:15 2:37	13:33 3:18	14:15 0:42	14:27 0:12				
4	1024	Marie-Lou Koziol TV Jahn Wolfsburg	D10	14:31	1:15 1:15	2:07 0:52	3:51 1:44	4:38 0:47	5:36 0:58	7:24 1:48	12:38 5:14	13:15 0:37	14:16 1:01	14:31 0:15				
5	1023	Leonie Lochte SV Hildesia Diekhof	D10	14:50	2:21 2:21	3:27 1:06	6:00 2:33	6:46 0:46	7:39 0:53	10:22 2:43	12:56 2:34	13:23 0:27	14:35 1:12	14:50 0:15				
6	1022	Stine Bruns MTK Bad Harzburg	D10B	16:38	0:55 0:55	2:16 1:21	3:56 1:40	4:27 0:31	7:46 3:19	9:45 1:59	14:36 4:51	15:13 0:37	16:24 1:11	16:38 0:14				
7	1025	Ria Wittke SV Hildesia Diekhof	D10	17:06	0:45 0:45	3:24 2:39	4:57 1:33	5:46 0:49	9:40 3:54	12:12 2:32	14:57 2:45	15:24 0:27	16:27 1:03	17:06 0:39				
8	1003	Otto Kääriäinen USV TU Dresden	H10	21:12	1:41 1:41	3:34 1:53	5:35 2:01	6:37 1:02	8:24 1:47	12:53 4:29	17:04 4:11	18:20 1:16	20:44 2:24	21:12 0:28				
AK	1002	Robin von Gaza OLV Uslar	H10	15:54	5:16 5:16	6:06 0:50	7:08 1:02	8:04 0:56	8:53 0:49	10:44 1:51	12:41 1:57	14:24 1:43	15:24 1:00	15:54 0:30				