

Pl	tnr	Name	Kat	Zeit														
<b>Bahn 1 (7)</b>					<b>9,4 km 430 Hm</b>				<b>21 P</b>									
					1(58)	2(61)	3(64)	4(65)	5(71)	6(73)	7(74)	8(76)	9(77)	10(80)	11(79)	12(75)	13(53)	14(69)
					15(68)	16(41)	17(42)	18(31)	19(32)	20(35)	21(100)	Ziel						
<b>1</b>	<b>10</b>	<b>Sergei Roskop</b>	H19L	<b>1:33:23</b>	1:49	5:24	7:20	9:22	19:14	26:54	33:01	41:04	42:38	45:25	48:32	<b>54:28</b>	<b>1:01:38</b>	<b>1:06:00</b>
Braunschweiger MT					1:49	3:35	1:56	2:02	9:52	<b>7:40</b>	6:07	<b>8:03</b>	1:34	<b>2:47</b>	<b>3:07</b>	<b>5:56</b>	7:10	4:22
					<b>1:07:08</b>	<b>1:13:23</b>	<b>1:16:22</b>	1:22:41	1:28:27	1:31:33	1:32:51	1:33:23						
					1:08	6:15	<b>2:59</b>	6:19	5:46	3:06	1:18	<b>0:32</b>						
<b>2</b>	<b>105</b>	<b>Jens Struckmann</b>	H19L	<b>1:36:22</b>	2:37	7:33	9:03	11:14	19:51	29:36	35:51	45:34	46:55	50:20	54:19	1:01:14	1:08:51	1:12:36
Braunschweiger MT					2:37	4:56	1:30	2:11	8:37	9:45	6:15	9:43	<b>1:21</b>	3:25	3:59	6:55	7:37	<b>3:45</b>
					1:13:38	1:20:34	1:24:01	1:30:12	1:31:46	1:34:44	1:35:48	1:36:22						
					1:02	6:56	3:27	6:11	1:34	2:58	<b>1:04</b>	0:34						
<b>3</b>	<b>69</b>	<b>Fabian Ulbrich</b>	H19L	<b>1:43:17</b>	3:34	6:43	8:17	10:19	18:28	27:07	33:51	43:28	46:13	50:01	53:58	1:01:24	1:09:16	1:14:35
OLV Uslar					3:34	3:09	1:34	2:02	8:09	8:39	6:44	9:37	2:45	3:48	3:57	7:26	7:52	5:19
					1:15:43	1:23:29	1:27:41	1:34:22	1:36:39	1:41:00	1:42:33	1:43:17						
					1:08	7:46	4:12	6:41	2:17	4:21	1:33	0:44						
<b>4</b>	<b>9</b>	<b>Jan Schliebener</b>	H19L	<b>1:43:50</b>	1:52	10:20	11:57	14:01	22:20	32:12	38:18	48:41	50:20	53:54	57:57	1:05:36	1:13:38	1:18:00
OLV Uslar					1:52	8:28	1:37	2:04	8:19	9:52	6:06	10:23	1:39	3:34	4:03	7:39	8:02	4:22
					1:19:18	1:26:45	1:31:07	1:37:37	1:39:01	1:41:47	1:43:10	1:43:50	7:12					
					1:18	7:27	4:22	6:30	1:24	2:46	1:23	0:40	*62					
<b>AK</b>	<b>11</b>	<b>Paula Starke</b>	H19L	<b>1:27:17</b>	1:38	4:52	6:14	8:12	16:18	24:49	30:16	<b>39:03</b>	<b>40:37</b>	<b>43:33</b>	<b>48:15</b>	55:10	1:02:08	1:06:10
USV TU Dresden					1:38	3:14	1:22	<b>1:58</b>	8:06	8:31	<b>5:27</b>	8:47	1:34	2:56	4:42	6:55	<b>6:58</b>	4:02
					1:07:12	1:13:44	1:16:56	<b>1:22:02</b>	<b>1:23:11</b>	<b>1:25:34</b>	<b>1:26:42</b>	<b>1:27:17</b>						
					1:02	6:32	3:12	<b>5:06</b>	<b>1:09</b>	<b>2:23</b>	1:08	0:35						
<b>AK</b>	<b>12</b>	<b>Leon Kollenbach</b>	H19L	<b>1:31:12</b>	1:38	<b>4:36</b>	6:22	8:29	16:43	<b>24:29</b>	<b>30:01</b>	39:47	41:40	44:56	48:47	55:56	1:03:58	1:07:45
Ski-Club Helsa					1:38	<b>2:58</b>	1:46	2:07	8:14	7:46	5:32	9:46	1:53	3:16	3:51	7:09	8:02	3:47
					1:08:37	1:14:44	1:18:10	1:24:10	1:26:02	1:29:09	1:30:34	1:31:12						
					<b>0:52</b>	<b>6:07</b>	3:26	6:00	1:52	3:07	1:25	0:38						
<b>AK</b>	<b>8</b>	<b>Markus Müller</b>	H19L	<b>1:33:32</b>	<b>1:32</b>	4:39	<b>6:00</b>	<b>8:11</b>	<b>15:38</b>	26:15	32:46	41:35	43:11	46:27	50:33	57:22	1:05:50	1:09:42
OSC Kassel					<b>1:32</b>	3:07	<b>1:21</b>	2:11	<b>7:27</b>	10:37	6:31	8:49	1:36	3:16	4:06	6:49	8:28	3:52
					1:10:36	1:17:37	1:21:01	1:27:08	1:28:43	1:31:48	1:32:53	1:33:32						
					0:54	7:01	3:24	6:07	1:35	3:05	1:05	0:39						
<b>Bahn 2 (6)</b>					<b>8,5 km 330 Hm</b>				<b>20 P</b>									
					1(58)	2(61)	3(64)	4(65)	5(71)	6(73)	7(74)	8(79)	9(80)	10(76)	11(75)	12(68)	13(40)	14(42)
					15(52)	16(38)	17(32)	18(35)	19(47)	20(100)	Ziel							
<b>1</b>	<b>82</b>	<b>Björn Frieling</b>	H35	<b>1:28:40</b>	2:12	6:45	8:27	<b>10:24</b>	<b>17:13</b>	<b>27:05</b>	<b>33:30</b>	<b>41:05</b>	48:03	51:55	54:56	1:02:46	<b>1:09:42</b>	<b>1:13:12</b>
RCEH Celle					2:12	4:33	<b>1:42</b>	<b>1:57</b>	<b>6:49</b>	9:52	<b>6:25</b>	<b>7:35</b>	6:58	<b>3:52</b>	<b>3:01</b>	<b>7:50</b>	<b>6:56</b>	<b>3:30</b>
					<b>1:15:03</b>	<b>1:17:36</b>	<b>1:20:37</b>	<b>1:25:34</b>	<b>1:26:54</b>	<b>1:28:09</b>	<b>1:28:40</b>							
					1:51	<b>2:33</b>	<b>3:01</b>	4:57	1:20	1:15	0:31							
<b>2</b>	<b>81</b>	<b>Thorsten Weigert</b>	H35	<b>1:31:44</b>	<b>2:05</b>	<b>5:46</b>	<b>7:40</b>	12:23	19:13	27:10	33:54	41:37	<b>46:00</b>	<b>50:45</b>	<b>53:59</b>	<b>1:02:09</b>	1:12:39	1:16:16
TV Jahn Wolfsburg					<b>2:05</b>	<b>3:41</b>	1:54	4:43	6:50	<b>7:57</b>	6:44	7:43	<b>4:23</b>	4:45	3:14	8:10	10:30	3:37
					1:18:02	1:20:41	1:23:43	1:28:38	1:29:59	1:31:15	1:31:44	1:11:25						
					<b>1:46</b>	2:39	3:02	4:55	1:21	1:16	<b>0:29</b>	*41						
<b>3</b>	<b>86</b>	<b>Jens Wittke</b>	H35	<b>2:16:21</b>	5:18	10:19	13:13	17:32	25:36	36:57	48:51	1:00:45	1:06:10	1:11:55	1:15:44	1:27:52	1:40:34	1:49:26
SV Hildesia Diekhof					5:18	5:01	2:54	4:19	8:04	11:21	11:54	11:54	5:25	5:45	3:49	12:08	12:42	8:52
					1:52:05	2:03:14	2:09:55	2:14:32	2:14:59	2:15:46	2:16:21							
					2:39	11:09	6:41	4:37	<b>0:27</b>	<b>0:47</b>	0:35							
<b>4</b>	<b>103</b>	<b>Christoph Napp</b>	H35	<b>2:44:00</b>	2:46	10:09	13:02	16:53	30:46	44:36	56:06	1:13:44	1:21:02	1:29:56	1:36:37	1:54:38	2:09:02	2:15:46
Braunschweiger MT					2:46	7:23	2:53	3:51	13:53	13:50	11:30	17:38	7:18	8:54	6:41	18:01	14:24	6:44
					2:20:02	2:24:51	2:33:46	2:40:00	2:41:24	2:42:54	2:44:00							
					4:16	4:49	8:55	6:14	1:24	1:30	1:06							
<b>AK</b>	<b>83</b>	<b>Timothee Soddema</b>	H35	<b>1:59:16</b>	3:32	8:00	10:35	15:30	24:28	36:02	44:30	55:19	1:01:03	1:08:24	1:12:06	1:25:41	1:34:49	1:40:04
Ohne Verein					3:32	4:28	2:35	4:55	8:58	11:34	8:28	10:49	5:44	7:21	3:42	13:35	9:08	5:15
					1:43:37	1:47:02	1:53:01	1:56:44	1:57:35	1:58:41	1:59:16	1:55:15						
					3:33	3:25	5:59	<b>3:43</b>	0:51	1:06	0:35	*33						
<b>AK</b>	<b>85</b>	<b>Holger Jurack</b>	H35	<b>2:07:19</b>	3:00	7:09	9:30	19:34	29:01	38:54	47:23	57:12	1:09:07	1:15:47	1:19:33	1:30:49	1:43:12	1:49:02
ESV Lok Magdebur					3:00	4:09	2:21	10:04	9:27	9:53	8:29	9:49	11:55	6:40	3:46	11:16	12:23	5:50
					1:51:50	1:55:31	2:00:56	2:04:39	2:05:17	2:06:32	2:07:19							
					2:48	3:41	5:25	<b>3:43</b>	0:38	1:15	0:47							
<b>Bahn 3 (19)</b>					<b>7,1 km 320 Hm</b>				<b>16 P</b>									
					1(58)	2(61)	3(62)	4(71)	5(73)	6(74)	7(76)	8(77)	9(53)	10(69)	11(68)	12(63)	13(40)	14(38)
					15(35)	16(100)	Ziel											
<b>1</b>	<b>102</b>	<b>Rolf Breckle</b>	H45	<b>1:03:25</b>	1:39	4:57	6:09	<b>15:55</b>	<b>23:27</b>	<b>28:38</b>	<b>38:02</b>	<b>39:57</b>	<b>45:41</b>	<b>49:21</b>	<b>50:19</b>	<b>51:46</b>	<b>56:57</b>	<b>1:00:26</b>
Bovender SV					1:39	3:18	1:12	9:46	<b>7:32</b>	<b>5:11</b>	9:24	1:55	5:44	3:40	0:58	1:27	<b>5:11</b>	3:29
					<b>1:01:51</b>	<b>1:02:53</b>	<b>1:03:25</b>											
					<b>1:25</b>	<b>1:02</b>	0:32											
<b>2</b>	<b>61</b>	<b>Matti Bruns</b>	H18	<b>1:06:33</b>	<b>1:35</b>	<b>4:14</b>	<b>5:33</b>	16:34	25:37	31:20	40:36	41:50	47:40	51:36	52:38	54:02	59:49	1:03:10
MTK Bad Harzburg					<b>1:35</b>	<b>2:39</b>	1:19	11:01	9:03	5:43	9:16	<b>1:14</b>	5:50	3:56	1:02	<b>1:24</b>	5:47	<b>3:21</b>
					1:04:49	1:06:00	1:06:33											
					1:39	1:11	0:33											
<b>3</b>	<b>104</b>	<b>Gerrit Rode</b>	H45	<b>1:07:18</b>	1:41	5:40	6:53	15:56	25:26	31:15	40:25	42:03	47:15	50:46	51:44	53:20	59:47	1:03:33
TSV Worpswede					1:41	3:59	1:13	<b>9:03</b>	9:30	5:49	9:10	1:38	<b>5:12</b>	<b>3:31</b>	0:58	1:36	6:27	3:46
					1:05:35	1:06:47	1:07:18											
					2:02	1:12	0:31											
<b>4</b>	<b>63</b>	<b>Tom Buchholz</b>	H18	<b>1:09:12</b>	1:53	5:29	6:44	17:25	25:32	31:40	41:17	42:46	49:28	53:55	54:52	56:40	1:02:08	1:05:42
MTK Bad Harzburg					1:53	3:36	1:15	10:41	8:07	6:08	9:37	1:29	6:42	4:27	0:57	1:48	5:28	3:34
					1:07:29	1:08:43	1:09:12	1:04:43										
					1:47	1:14	0:29	*60										





Pl	tnr	Name	Kat	Zeit														
<b>Bahn 5 (11)</b>					<b>5,4 km 220 Hm</b>			<b>14 P</b>			<i>(Forts.)</i>							
					1(57) Ziel	2(48)	3(59)	4(63)	5(67)	6(70)	7(75)	8(78)	9(53)	10(55)	11(41)	12(37)	13(33)	14(100)
AK	123	Uwe Schleef ESV Lok Magdebur	H55	1:31:12	4:05 4:05 1:31:12 0:47	7:12 3:07	13:41 6:29	19:36 5:55	22:14 2:38	33:16 11:02	47:23 14:07	53:01 5:38	1:06:19 13:18	1:09:24 3:05	1:16:07 6:43	1:21:20 5:13	1:29:05 7:45	1:30:25 1:20
AK	72	Peter Nödler Ski-Club Helsa	H19K	1:41:39	3:13 3:13 1:41:39 0:37	4:51 1:38	10:09 5:18 1:25:41 *38	14:24 4:15	17:14 2:50	26:00 8:46	42:05 16:05	56:04 13:59	1:08:10 12:06	1:11:43 3:33	1:18:43 7:00	1:26:33 7:50	1:39:54 13:21	1:41:02 1:08
<b>Bahn 6 (27)</b>					<b>4,3 km 130 Hm</b>			<b>12 P</b>										
					1(43)	2(59)	3(63)	4(68)	5(72)	6(70)	7(41)	8(48)	9(39)	10(37)	11(35)	12(100)	Ziel	
1	97	Anke von Gaza OLV Uslar	D45	40:51	2:14 2:14	5:52 3:38	8:59 3:07	11:22 2:23	15:54 4:32	17:43 1:49	28:11 10:28	30:18 2:07	33:09 2:51	34:32 1:23	38:19 3:47	40:11 1:52	40:51 0:40	
2	136	Erhard Jübermann SC Klecken	H65	47:47	3:17 3:17	7:04 3:47	11:21 4:17	13:31 2:10	19:09 5:38	21:29 2:20	34:11 12:42	36:51 2:40	39:39 2:48	41:13 1:34	45:16 4:03	47:04 1:48	47:47 0:43	
3	133	Reinhard In der Str Osnabrücker TB	H65	48:08	2:27 2:27	6:33 4:06	10:20 3:47	14:34 4:14	19:58 5:24	22:12 2:14	34:01 11:49	36:18 2:17	40:57 4:39	42:19 1:22	45:31 3:12	47:31 2:00	48:08 0:37	
4	89	Andrea Finkenstädt OLV Uslar	D45	49:13	2:36 2:36	6:30 3:54	11:30 5:00	13:40 2:10	18:49 5:09	21:24 2:35	34:53 13:29	37:06 2:13	40:12 3:06	43:19 3:07	46:40 3:21	48:27 1:47	49:13 0:46	
5	99	Evi Drese OLV Uslar	D45	49:53	3:57 3:57	8:35 4:38	13:32 4:57	16:00 2:28	21:10 5:10	23:34 2:24	35:48 12:14	38:05 2:17	43:21 5:16	44:33 1:12	47:26 2:53	49:12 1:46	49:53 0:41	
6	46	Anna Castilho Marc SV Hildesia Diekhol	D16	51:31	7:20 7:20	11:55 4:35	18:04 6:09	20:04 2:00	25:01 4:57	28:54 3:53	39:17 10:23	41:21 2:04	45:41 4:20	47:08 1:27	49:41 2:33	50:57 1:16	51:31 0:34	
7	140	Alfred Newerla RSV Hannover	H65	52:11	2:27 2:27	6:34 4:07	10:56 4:22	13:35 2:39	22:00 8:25	24:57 2:57	36:35 11:38	38:56 2:21	42:27 3:31	44:16 1:49	47:34 3:18	51:28 3:54	52:11 0:43	
8	93	Michaela Bruns MTK Bad Harzburg	D45	53:18	3:04 3:04	8:19 5:15	12:58 4:39	15:36 2:38	21:49 6:13	24:57 3:08	38:12 13:15	40:34 2:22	44:51 4:17	46:36 1:45	50:31 3:55	52:28 1:57	53:18 0:50	
9	94	Petra Schneider SV Hildesia Diekhol	D45	55:28	2:55 2:55	7:31 4:36	12:55 5:24	15:52 2:57	21:36 5:44	24:45 3:09	37:58 13:13	40:28 2:30	44:34 4:06	48:05 3:31	52:52 4:47	54:46 1:54	55:28 0:42	
10	44	Lilly Hintz MTV Seesen	D16	57:31	2:44 2:44	7:10 4:26	11:38 4:28	14:05 2:27	23:50 9:45	25:54 2:04	42:47 16:53	45:43 2:56	49:07 3:24	50:32 1:25	55:16 4:44	56:54 1:38	57:31 0:37	
11	96	Tanja Buchholz MTK Bad Harzburg	D45	58:46	3:13 3:13	8:33 5:20	12:47 4:14	16:28 3:41	23:05 6:37	25:46 2:41	41:25 15:39	44:30 3:05	49:05 4:35	51:02 1:57	55:35 4:33	58:01 2:26	58:46 0:45	
12	95	Silke Napp Braunschweiger MT	D45	1:01:51	3:41 3:41	9:31 5:50	16:34 7:03	19:49 3:15	26:18 6:29	28:56 2:38	44:24 15:28	47:26 3:02	52:00 4:34	53:52 1:52	58:34 4:42	1:01:05 2:31	1:01:51 0:46	
13	139	Ferdinand Hanses TuS Bramsche	H65	1:03:20	3:22 3:22 53:24 *46	8:18 4:56	13:07 4:49	15:56 2:49	24:32 8:36	27:54 3:22	47:34 19:40	50:47 3:13	54:33 3:46	56:08 1:35	1:00:51 4:43	1:02:38 1:47	1:03:20 0:42	
14	42	Carolyn Bernsdorf MTV Seesen	D16	1:03:21	8:02 8:02	12:49 4:47	17:33 4:44	20:08 2:35	25:46 5:38	31:52 6:06	48:40 16:48	51:45 3:05	55:02 3:17	56:25 1:23	1:01:03 4:38	1:02:49 1:46	1:03:21 0:32	
15	41	Rainer Pieper SSV Langenhagen	H65	1:07:04	2:35 2:35	7:56 5:21	12:46 4:50	15:35 2:49	22:17 6:42	34:35 12:18	51:39 17:04	54:54 3:15	58:25 3:31	59:37 1:12	1:04:21 4:44	1:06:18 1:57	1:07:04 0:46	
16	90	Regine Klander-Str SV Hildesia Diekhol	D45	1:11:12	7:02 7:02	13:26 6:24	18:30 5:04	21:29 2:59	28:27 6:58	30:52 2:25	48:20 17:28	51:28 3:08	56:03 4:35	59:59 3:56	1:07:28 7:29	1:10:14 2:46	1:11:12 0:58	
17	92	Kerstin Krätz TV Jahn Wolfsburg	D45	1:11:58	3:42 3:42	8:35 4:53	12:23 3:48	15:19 2:56	22:16 6:57	24:30 2:14	43:00 18:30	45:24 2:24	58:21 12:57	1:05:28 7:07	1:08:35 3:07	1:11:09 2:34	1:11:58 0:49	
18	91	Katja Eckel OLV Uslar	D45	1:13:51	3:23 3:23	8:29 5:06	16:31 8:02	19:38 3:07	26:25 6:47	28:41 2:16	46:21 17:40	48:33 2:12	1:01:11 12:38	1:08:26 7:15	1:11:29 3:03	1:13:14 1:45	1:13:51 0:37	
19	135	Bernd Höfner OLV Uslar	H65	1:15:21	3:35 3:35 13:19 *68	7:54 4:19	18:01 10:07	20:30 2:29	25:49 5:19	28:06 2:17	47:40 33:13	50:47 2:54	54:33 3:29	56:08 1:55	1:00:51 3:31	1:13:08 1:34	1:14:42 1:34	1:15:21 0:39
20	132	Wilhelm Holz OLV Uslar	H65	1:23:00	3:24 3:24	8:38 5:14	14:58 6:20	19:45 4:47	30:11 10:26	34:02 3:51	55:48 21:46	1:00:51 5:03	1:05:38 4:47	1:08:09 2:31	1:18:35 10:26	1:21:50 3:15	1:23:00 1:10	
	137	Siegfried May RSV Hannover	H65	Fehlst	2:56 2:56	8:27 5:31	13:29 5:02	16:23 2:54	22:25 6:02	26:52 4:27	42:38 15:46	45:41 3:03	49:47 4:06	----- -----	56:32 6:45	1:00:42 4:10	1:01:37 0:55	
	134	Johannes Müssen SuS Vehrte	H65	Aufg	12:43 12:43	27:52 15:09	39:11 11:19	50:22 11:11	1:04:28 14:06	1:09:40 5:12	----- -----	----- -----	----- -----	----- -----	----- 2:11:02	2:14:17 3:15		
AK	88	Veronika Lange USC Magdeburg	D45	52:12	2:23 2:23	8:41 6:18	14:38 5:57	16:44 2:06	21:51 5:07	24:31 2:40	38:03 13:32	40:04 2:01	43:10 3:06	46:26 3:16	49:36 3:10	51:29 1:53	52:12 0:43	
AK	98	Kerstin Mandel USC Magdeburg	D45	1:00:10	3:22 3:22	8:28 5:06	12:27 3:59	16:00 3:33	21:48 5:48	25:18 3:30	39:01 13:43	41:23 2:22	46:47 5:24	48:49 2:02	56:58 8:09	59:14 2:16	1:00:10 0:56	
AK	43	Jasmin Bechtel OSC Kassel	D16	1:19:45	5:04 5:04	10:13 5:09	14:49 4:36	17:18 2:29	26:59 9:41	29:11 2:12	55:08 25:57	57:08 2:00	1:08:04 10:56	1:09:40 1:36	1:15:58 6:18	1:19:09 3:11	1:19:45 0:36	
AK	138	Wilf Holloway Ohne Verein	H65	Fehlst	3:34 3:34	8:38 5:04	14:24 5:46	17:12 2:48	25:19 8:07	27:47 2:28	42:29 14:42	45:28 2:59	58:16 12:48	----- -----	----- -----	----- -----	----- -----	
	45	Julia Stell TG 1860 Münden	D16	N Ang														
<b>Bahn 7 (9)</b>					<b>3,6 km 80 Hm</b>			<b>12 P</b>										
					1(57)	2(48)	3(59)	4(63)	5(55)	6(41)	7(42)	8(52)	9(38)	10(34)	11(47)	12(100)	Ziel	
1	116	Heidrun Finke OLV Uslar	D55	36:10	2:29 2:29	4:26 1:57	9:41 5:15	13:13 3:32	16:37 3:24	21:55 5:18	26:16 4:21	28:45 2:29	31:42 2:57	33:29 1:47	34:32 1:03	35:29 0:57	36:10 0:41	
2	113	Claudia Ducki-Höck MTK Bad Harzburg	D55	45:20	2:50 2:50	4:55 2:05	11:28 6:33	15:56 4:28	20:47 4:51	28:16 7:29	34:35 6:19	37:46 3:11	40:47 3:01	42:37 1:50	43:35 0:58	44:33 0:58	45:20 0:47	

Pl	tnr	Name	Kat	Zeit													
<b>Bahn 7 (9)</b>					<b>3,6 km 80 Hm</b>		<b>12 P</b>		<i>(Forts.)</i>								
					1(57)	2(48)	3(59)	4(63)	5(55)	6(41)	7(42)	8(52)	9(38)	10(34)	11(47)	12(100)	Ziel
3	118	Liisa Rihko-Struck Braunschweiger MT	D55	47:43	2:49 27:46 *40	6:27 3:38	12:05 5:38	16:19 4:14	21:22 5:03	29:50 8:28	34:52 5:02	38:21 3:29	42:01 3:40	44:40 2:39	45:45 1:05	46:58 1:13	47:43 0:45
4	67	Anna-Lena Engelma TSV Worpsswede	D19K	48:21	2:53 2:53	5:07 2:14	10:29 5:22	15:17 4:48	21:17 6:00	28:10 6:53	34:14 6:04	37:57 3:43	42:13 4:16	45:29 3:16	46:40 1:11	47:39 0:59	48:21 0:42
5	65	Jordan Sophie Meis OLV Uslar	D19K	54:44	2:48 2:48	5:03 2:15	12:12 7:09	17:47 5:35	27:27 9:40	34:17 6:50	40:18 6:01	43:59 3:41	48:09 4:10	51:32 3:23	53:07 1:35	54:01 0:54	54:44 0:43
6	114	Ulrike Korff SC Achmer	D55	56:38	3:31 27:34 *40	5:25 52:18 *47	11:18 5:53	19:01 7:43	22:28 3:27	28:51 6:23	35:55 7:04	39:14 3:19	47:30 8:16	54:12 6:42	54:55 0:43	55:54 0:59	56:38 0:44
7	117	Anne Hanses TuS Bramsche	D55	1:26:56	4:04 4:04	9:21 5:17	18:51 9:30	26:51 8:00	36:42 9:51	51:18 14:36	1:00:43 9:25	1:05:37 4:54	1:17:25 11:48	1:22:37 5:12	1:24:23 1:46	1:25:54 1:31	1:26:56 1:02
8	115	Esther Knoblauch MTK Bad Harzburg	D55	1:32:19	3:44 3:44	6:59 3:15	15:29 8:30	29:16 13:47	47:01 17:45	57:28 10:27	1:04:51 7:23	1:08:44 3:53	1:23:27 14:43	1:27:21 3:54	1:29:28 2:07	1:31:07 1:39	1:32:19 1:12
AK	68	Kimberly Erlebach BSV Halle-Ammend	D19K	N Ang													
<b>Bahn 8 (8)</b>					<b>2,5 km 35 Hm</b>		<b>10 P</b>										
					1(57)	2(48)	3(41)	4(39)	5(42)	6(52)	7(38)	8(34)	9(47)	10(100)	Ziel		
1	131	Ingrid Müssen SuS Vehrte	D65	36:16	3:29 3:29	6:44 3:15	10:30 3:46	16:10 5:40	21:43 5:33	24:50 3:07	28:45 3:55	32:40 3:55	33:58 1:18	35:27 1:29	36:16 0:49		
2	144	Reinhard Jahn Braunschweiger MT	H75	37:14	4:02 4:02	6:34 2:32	9:26 2:52	15:32 6:06	20:12 4:40	24:46 4:34	31:09 6:23	33:42 2:33	35:01 1:19	36:24 1:23	37:14 0:50		
3	130	Birgitt Michel TV Jahn Wolfsburg	D65	42:05	3:25 3:25	9:42 6:17	13:35 3:53	18:44 5:09	26:33 7:49	29:47 3:14	34:07 4:20	37:19 3:12	39:13 1:54	40:48 1:35	42:05 1:17		
4	145	Günter Gohde Turn-Klubb zu Han	H75	42:54	4:16 4:16	8:13 3:57	10:55 2:42	18:03 7:08	23:20 5:17	27:25 4:05	34:44 7:19	38:07 3:23	40:40 2:33	42:06 1:26	42:54 0:48	3:21	*43
5	129	Gudrun In der Strot Osnabrücker TB	D65	44:17	6:21 6:21	12:48 6:27	16:45 3:57	22:35 5:50	28:08 5:33	31:48 3:40	36:17 4:29	40:29 4:12	41:49 1:20	43:30 1:41	44:17 0:47		
6	128	Irmela Bergt TSV Fischerhude	D65	44:24	4:27 4:27	7:08 2:41	10:17 3:09	24:59 14:42	30:19 5:20	33:26 3:07	38:09 4:43	41:25 3:16	42:38 1:13	43:38 1:00	44:24 0:46		
AK	143	Peter Wichmann USC Magdeburg	H75	40:12	3:46 3:46	6:56 3:10	11:56 5:00	19:57 8:01	26:26 6:29	29:49 3:23	34:15 4:26	36:37 2:22	37:56 1:19	39:17 1:21	40:12 0:55	10:38	*40
	142	Karl-Heinz Binsch TSV Ahlden	H75	N Ang													
<b>Bahn 9 (5)</b>					<b>4,0 km 80 Hm</b>		<b>12 P</b>										
					1(59)	2(63)	3(68)	4(69)	5(53)	6(48)	7(44)	8(52)	9(38)	10(34)	11(47)	12(100)	Ziel
1	39	Aaron Niazi TSV Worpsswede	H14	46:49	6:17 6:17	10:35 4:18	13:38 3:03	15:16 1:38	20:09 4:53	27:31 7:22	32:26 4:55	34:43 2:17	38:46 4:03	40:49 2:03	41:34 0:45	46:13 4:39	46:49 0:36
2	38	Thore Napp Braunschweiger MT	H14	47:30	6:25 6:25 45:20 *33	12:19 5:54	16:37 4:18	18:08 1:31	22:20 4:12	31:13 8:53	35:38 4:25	38:33 2:55	42:51 4:18	44:35 1:44	45:56 1:21	46:48 0:52	47:30 0:42
AK	37	Daniel Nedoborovs BSV Halle-Ammend	H14	52:49	5:11 5:11	13:51 8:40	16:02 2:11	19:14 3:12	22:54 3:40	34:10 11:16	38:29 4:19	40:48 2:19	44:37 3:49	46:46 2:09	47:39 0:53	52:09 4:30	52:49 0:40
	40	Till Raake MTV Seesen	H14	N Ang													
	36	Brandon Nash Turn-Klubb zu Han	H14	N Ang													
<b>Bahn 10 (5)</b>					<b>3,6 km 70 Hm</b>		<b>11 P</b>										
					1(59)	2(63)	3(55)	4(41)	5(46)	6(44)	7(52)	8(38)	9(33)	10(47)	11(100)	Ziel	
1	31	Maren Strauß SV Hildesia Diekhol	D14	51:17	5:37 5:37	13:18 7:41	21:28 8:10	28:00 6:32	32:41 4:41	36:51 4:10	39:46 2:55	44:51 5:05	49:15 4:24	49:40 0:25	50:39 0:59	51:17 0:38	
2	33	Anna Weigert TV Jahn Wolfsburg	D14	52:18	6:20 6:20	12:36 6:16	21:11 8:35	28:50 7:39	33:59 5:09	36:58 2:59	39:26 2:28	46:18 6:52	50:18 4:00	50:55 0:37	51:42 0:47	52:18 0:36	
3	32	Fiona Nash Turn-Klubb zu Han	D14	58:11	9:38 9:38	15:30 5:52	24:17 8:47	31:57 7:40	37:01 5:04	41:38 4:37	44:55 3:17	49:54 4:59	55:01 5:07	56:02 1:01	57:18 1:16	58:11 0:53	53:37 *34
AK	30	Lena Klose MTV Seesen	D14	54:21	11:24 11:24	16:43 5:19	24:33 7:50	30:57 6:24	35:44 4:47	39:55 4:11	42:48 2:53	47:55 5:07	52:19 4:24	52:48 0:29	53:42 0:54	54:21 0:39	
AK	34	Jana Gebhardt OSC Kassel	D14	1:00:11	10:49 10:49	18:35 7:46	27:03 8:28	32:58 5:55	38:14 5:16	42:04 3:50	45:10 3:06	52:26 7:16	57:12 4:46	58:08 0:56	59:35 1:27	1:00:11 0:36	
<b>Bahn 11 (8)</b>					<b>2,4 km 60 Hm</b>		<b>11 P</b>										
					1(49)	2(50)	3(45)	4(44)	5(52)	6(46)	7(60)	8(38)	9(33)	10(47)	11(100)	Ziel	
1	24	Lucia Stolze Bovender SV	D12	29:00	2:05 2:05	3:54 1:49	7:44 3:50	9:05 1:21	11:27 2:22	16:01 4:34	18:16 2:15	19:21 1:05	26:31 7:10	27:26 0:55	28:18 0:52	29:00 0:42	
2	23	Rut Stark MTV Seesen	D12	31:56	1:57 1:57	3:38 1:41	7:02 3:24	11:23 4:21	14:21 2:58	18:59 4:38	21:18 2:19	22:17 0:59	29:42 7:25	30:28 0:46	31:21 0:53	31:56 0:35	
3	29	Felix Salau MTV Seesen	H12	37:58	3:04 3:04	5:29 2:25	12:56 7:27	17:21 4:25	20:19 2:58	25:08 4:49	27:14 2:06	28:23 1:09	35:34 7:11	36:41 1:07	37:23 0:42	37:58 0:35	

Pl	tnr	Name	Kat	Zeit											Ziel		
<b>Bahn 11 (8)</b>					<b>2,4 km 60 Hm</b>		<b>11 P</b>			<i>(Forts.)</i>							
					1(49)	2(50)	3(45)	4(44)	5(52)	6(46)	7(60)	8(38)	9(33)	10(47)	11(100)	Ziel	
4	26	Lamis Mousa	D12	39:47	3:09	5:07	8:13	11:35	24:31	28:47	30:48	32:31	37:44	38:15	39:07	39:47	2:26
		OLV Uslar			3:09	1:58	<b>3:06</b>	3:22	12:56	4:16	<b>2:01</b>	1:43	5:13	<b>0:31</b>	0:52	0:40	*56
5	146	Myrea Gerling	Offen	57:49	3:10	6:46	18:11	21:14	25:19	31:55	34:31	47:15	54:27	55:03	56:50	57:49	
		TG 1860 Münden			3:10	3:36	11:25	3:03	4:05	6:36	2:36	12:44	7:12	0:36	1:47	0:59	
6	147	Albrecht Bergt	Offen	1:21:54	4:53	9:29	21:41	25:14	31:55	41:02	1:06:06	1:08:34	1:14:58	1:16:34	1:20:01	1:21:54	
		TSV Fischerhude			4:53	4:36	12:12	3:33	6:41	9:07	25:04	2:28	6:24	1:36	3:27	1:53	
AK	25	Alva Reindl	D12	42:48	2:38	4:36	10:31	14:40	27:29	31:38	33:47	35:34	40:43	41:17	42:09	42:48	
		SV Fortuna Schmöll			2:38	1:58	5:55	4:09	12:49	<b>4:09</b>	2:09	1:47	<b>5:09</b>	0:34	0:52	0:39	
	27	Karla Breckle	D12	N Ang													
		Bovender SV															
<b>Bahn 12 (9)</b>					<b>1,5 km 25 Hm</b>		<b>8 P</b>										
					1(56)	2(49)	3(51)	4(54)	5(60)	6(36)	7(47)	8(100)	Ziel				
1	13	Hanna Stark	D/H10	52:12	2:24	3:26	<b>7:24</b>	37:00	38:31	42:05	49:37	51:22	52:12				
		MTV Seesen			2:24	1:02	3:58	29:36	1:31	<b>3:34</b>	7:32	1:45	0:50				
2	21	Leonie Lochte	D/H10	1:07:48	2:30	3:38	7:27	36:06	37:40	53:24	1:01:24	1:06:26	1:07:48				
		SV Hildesia Diekhol			2:30	1:08	3:49	28:39	1:34	15:44	8:00	5:02	1:22				
3	20	August-Friedrich Re	D/H10	1:10:38	3:20	6:23	10:33	39:24	41:33	48:21	1:04:30	1:09:32	1:10:38				
		SV Fortuna Schmöll			3:20	3:03	4:10	28:51	2:09	6:48	16:09	5:02	1:06				
4	14	Blanka Soddemann	D/H10	1:15:31	3:05	5:10	9:35	44:55	47:00	53:46	1:09:57	1:14:43	1:15:31				
		Ohne Verein			3:05	2:05	4:25	35:20	2:05	6:46	16:11	4:46	0:48				
5	19	Romy Frank	D/H10	1:18:23	2:32	3:51	7:26	42:02	43:38	56:25	1:05:09	1:17:41	1:18:23				
		SV Hildesia Diekhol			2:32	1:19	<b>3:35</b>	34:36	1:36	12:47	8:44	12:32	<b>0:42</b>				
6	16	Ria Wittke	D/H10	1:25:35	2:09	3:12	7:47	53:58	55:34	1:11:21	1:19:23	1:24:27	1:25:35				
		SV Hildesia Diekhol			2:09	1:03	4:35	46:11	1:36	15:47	8:02	5:04	1:08				
7	15	Miguel Castillo Mar	D/H10	1:36:22	1:49	6:06	10:11	59:26	1:01:32	1:14:22	1:23:07	1:35:39	1:36:22				
		SV Hildesia Diekhol			1:49	4:17	4:05	49:15	2:06	12:50	8:45	12:32	0:43				
AK	17	Henrike Salau	D/H10	30:09	1:15	2:03	12:59	<b>15:19</b>	<b>16:23</b>	<b>25:42</b>	<b>28:05</b>	<b>29:17</b>	<b>30:09</b>				
		MTV Seesen			<b>1:15</b>	<b>0:48</b>	10:56	<b>2:20</b>	<b>1:04</b>	9:19	<b>2:23</b>	<b>1:12</b>	0:52				
	18	Sania Stamer	D/H10	N Ang													
		SV Hildesia Diekhol															
<b>Bahn 13 (6)</b>					<b>4,1 km 90 Hm</b>		<b>12 P</b>										
					1(56)	2(49)	3(68)	4(53)	5(50)	6(51)	7(54)	8(60)	9(52)	10(36)	11(47)	12(100)	Ziel
1	84	Marcel Frank	Offen	51:39	1:51	2:53	13:11	18:54	28:11	30:19	32:32	34:06	41:04	44:40	47:31	51:01	51:39
		SV Hildesia Diekhol			1:51	1:02	10:18	5:43	9:17	2:08	2:13	1:34	6:58	3:36	2:51	3:30	0:38
2	150	Britta Hepe	Offen	1:03:31	2:02	3:09	15:52	21:28	36:02	39:35	44:16	46:11	50:00	53:45	57:16	1:02:28	1:03:31
		TSV Münchhof			2:02	1:07	12:43	5:36	14:34	3:33	4:41	1:55	3:49	3:45	3:31	5:12	1:03
3	149	Sophie Hepe	Offen	1:03:32	2:00	3:07	15:51	21:27	36:01	39:34	44:15	46:10	49:59	53:44	57:15	1:02:27	1:03:32
		TSV Münchhof			2:00	1:07	12:44	5:36	14:34	3:33	4:41	1:55	3:49	3:45	3:31	5:12	1:05
4	152	Markus Hepe	Offen	1:12:58	2:24	3:21	15:18	23:16	34:53	38:09	47:47	50:30	54:43	59:36	1:04:30	1:11:52	1:12:58
		TSV Münchhof			2:24	0:57	11:57	7:58	11:37	3:16	9:38	2:43	4:13	4:53	4:54	7:22	1:06
4	153	Andreas Hosang	Offen	1:12:58	2:28	3:12	16:26	23:26	35:16	38:20	48:20	50:32	55:03	59:33	1:04:40	1:11:52	1:12:58
		TSV Münchhof			2:28	<b>0:44</b>	13:14	7:00	11:50	3:04	10:00	2:12	4:31	4:30	5:07	7:12	1:06
6	151	Iris Hensseler	Offen	1:21:28	1:52	2:58	21:23	42:52	52:21	54:51	1:10:10	1:11:41	1:14:30	1:17:26	1:19:35	1:20:43	1:21:28
		MTV Seesen			1:52	1:06	18:25	21:29	9:29	2:30	15:19	<b>1:31</b>	<b>2:49</b>	<b>2:56</b>	<b>2:09</b>	<b>1:08</b>	0:45